

Active Week 2021

14th-18th June

Below is the plan for Scoil Ghráinne's Active Week. If you have any suggestions or concerns please talk to Mr. Quilty

- When you go to an activity there will be Active School members there and parents on certain days. They will be helping guide activities but it is really important that teachers also go through the activities with their classes and there will be large groups at the same time.
- Children should be encouraged to walk or cycle to and from school every day.
- Healthy eating and drinking should be prioritised with water, milk or sugar free cordial encouraged. All staff may wear clothing and footwear suitable for exercising in for the duration of the week.
- Children are to wear their school tracksuit/shorts and runners for the duration of Active Week.
- You will receive a finalised map and instructions for Sports Day before Wednesday

Children bring in:

-One hard boiled egg for egg and spoon race

-One small water bottle for water fight on Friday

Staff Rounders Groups *(Staff refers to all teachers, SNA's and learning support personnel involved at that year level)* 😊

I have put all staff down for a friendly game of rounders on the astro between 1:30 – 2:30 on Monday/Wednesday/Thursday. This is 100% optional! If you would prefer not to take part	Group A Monday 1.30 v. Mr. McBride's	Group B Wednesday 1.30 v. Mr. Quilty's	Group C Thursday 1.30 v. Mr. Doody's
	<ul style="list-style-type: none">• Junior Infant Staff• All 2nd Class Staff• All 5th Class Staff & June	<ul style="list-style-type: none">• Senior Infant Staff• All Ms McPartlan's Class staff• Linda & Ruth	<ul style="list-style-type: none">• All Ms Kavanagh's Class staff• All 3rd Class Staff• All 4th Class Staff

<p>just don't join in at your time. Teachers involved will be provided with cover for their classes.</p>	<ul style="list-style-type: none">• SEN Staff not providing cover, Mrs MacAuley	<ul style="list-style-type: none">• All 1st Class Staff• SEN Staff not providing cover, Mrs McKenzie	<ul style="list-style-type: none">• Adam
--	---	--	--

	<u>Time</u>	<u>Year group</u>	<u>Activity</u>	<u>Location</u>	<u>Details</u>	<u>Supervision (Dmck)</u>
Monday	8:50	Whole School	Morning exercises	Classroom	<ul style="list-style-type: none"> Teachers choice 	
	9:15 – 9:45	Junior Infants	<u>Nature Walk</u>	Staggered start from classes		9.00-12.15 <i>Martin/ Sandra /Orla McD</i> 13.30-14.30 <i>2nd class staff</i> <i>5th class staff</i>
	9:45 – 10:15	Senior Infants and Croí				
	10:15-10:45	2 nd Class				
	11:05-11:45	1 st Class				
	Choose own time	3 rd – 6 th				
	9:20 – 9:55	2 nd Class	<u>Co-operative Games + Orienteering Challenge</u> 9:00– 12:15 Martin & Sandra	Infant yard	<ul style="list-style-type: none"> Teachers have quiz sheets printed beforehand Infants Colour cards 	
	9:55 – 10:30	1 st Class				
	11:05-11:40	Junior Infants and Ms Kavanagh’s Class				
	11:40-12:15	Senior Infants and Ms McPartlan’s Class				
	9:20 – 9:55	3 rd Class	<u>Co-operative Games + Orienteering Challenge</u> 9:00– 12:15 Orla McD & Megan M	Middle yard	<ul style="list-style-type: none"> Teachers have quiz sheets printed beforehand 	
	9:55 – 10:30	4 th Class				
	11:05-11:40	5 th Class				
	11:40-12:15	6 th Class				
	13:30 – 14:30	Staff Group A V Mr. McBride’s class	Rounders Referees: Alice & Sinéad D 2 nd class staff 5 th Class staff			

	<u>Time</u>	<u>Year group</u>	<u>Activity</u>	<u>Location</u>	<u>Details</u>	<u>Supervision (Dmck)</u>
<u>Tuesday</u>	8:50	Whole School	Morning exercises	Classroom	<ul style="list-style-type: none"> Teachers choice 	
	9:15 – 9:45	Junior Infants	<u>Tag/Tag Rugby</u> 9:00 -11:45 – Marcus & Megan H 11:45 – 14:30 Martin & Orla McD	Junior Yard	<ul style="list-style-type: none"> Classes split into four as for Sports Day 	9:00 -11:45 Marcus/ Megan H/ Sarah K/ Martin 11:45 – 14:30 Martin/Orla McD/Marcus
	9:45 – 10:15	Senior Infants + Croí				
	10:15-10:45	1 st Class				
	11:05-11:45	2 nd Class				
	11:45-12:25	3 rd Class				
	1:00-1:30	4 th Class				
	1:30-14:00	5 th Class				
	14:00 – 14:30	6 th Class				
	9:15 – 9:45	1 st Class				
	9:45 – 10:15	6 th Class				
	10:15-10:45	3 rd Class				
	11:05-11:45	Junior Infants				
	11:45-12:25	Senior Infants + Croí				
	1:00-1:30	2 nd Class				
	1:30-14:00	4 th Class				
	14:00 – 14:30	5 th Class				

	9:15 – 9:45	Senior Infants + Croí	<u>Basketball</u> 9.00-11:45 Martin & Sinéad D 11:45-2:30 Alice & Marcus	Basketball courts (Middle Yard)	<ul style="list-style-type: none"> Classes split into four as for Sports Day 	
	9:45 – 10:15	4 th Class				
	10:15-10:45	Junior Infants				
	11:05-11:45	1 st Class				
	11:45-12:25	5 th Class				
	1:00-1:30	6 th Class				
	1:30-14:00	2 nd Class				
	14:00-14:30	3 rd Class				
	2.40-3.15	Optional Staff Run	Active School Committee lead any staff that wish for a 1k/3k/5k/5k jog Easy pace Meet outside reception.			

	<u>Time</u>	<u>Year group</u>	<u>Activity</u>	<u>Location</u>	<u>Details</u>	<u>Supervision (Dmck)</u>
Wednesday	8:50	Whole School	Morning exercises	Classroom	<ul style="list-style-type: none"> Teachers choice 	
	9:15 – 13:00	Junior – 2nd	Junior Sports Day	Halla / All campus	<ul style="list-style-type: none"> Each class will start on a numbered station and move to the next number when you hear the whistle. 	1.30-2.30 <i>Ms. McPartlan's class staff</i> <i>1st class Staff</i>
	1:00 – 2.30	Whole school	Online challenges	Classrooms	<ul style="list-style-type: none"> Complete Teacher class challenges compiled beforehand Watch Teacher Yearband races 	
	13:30 – 14:30	Staff Group C & Mr. Quilty's class	Rounders Referees: Sarah K & Megan H Ms. McPartlan's class staff 1 st class Staff			

	<u>Time</u>	<u>Year group</u>	<u>Activity</u>	<u>Location</u>	<u>Details</u>	<u>Supervision (Dmck)</u>
Thursday	8:50	Whole School	Morning exercises	Classroom	Teachers choice	1.30-2.30
	9.15 – 13:00	3rd– 6 th classes	Senior Sports Day	Halla / All campus	Each class will start on a numbered station and move to the next number when you hear the whistle.	Ms.Kavanagh's class staff 3 rd class staff 4 th class staff
	13:30 – 14:30	Staff Group C & Mr. Quilty's class	Rounders Referees: Megan M & Sandra Ms.Kavanagh's class staff 3 rd class staff 4 th class staff			

	<u>Time</u>	<u>Year group</u>	<u>Activity</u>	<u>Location</u>	<u>Details</u>	<u>Supervision (Dmck)</u>																											
Friday	8:50	Whole School	Morning exercises	Classroom	<ul style="list-style-type: none"> Teachers choice 																												
	9:15–9:35	Jl.1	Bouncy Castle (TBC which one) Junior Yard		<ul style="list-style-type: none"> Please organise the order you will visit the Hall with the other class teachers at your year level. Enjoy 😊 																												
	9:35-9:55	Jl.2																															
	9:55-10:15	Jl.3																															
	10:15-10:35	Sl.1																															
	10:35 – 11:05	Croí																															
	11:05 – 11:25	Sl.2																															
	11:25 – 11:45	Sl.3																															
	11:45 – 12:05	1 st .1																															
	12:05 – 12:25	1 st .2																															
	12:25 – 12:45+	1 st .3																															
	13:00 – 13:30	2 nd .1																															
	13:30 – 14:00	2 nd .2																															
	14:00 – 14:30	2 nd .3																															
	9:15–9:35	3rd.1	Bouncy Castle (TBC which one) Junior Yard																														
	9:35-9:55	3rd.2																															
	9:55-10:15	3 rd . 3																															
	10:15-10:35	4th.1																															
	10:35 – 11:05	4th.2																															
	11:05 – 11:25	4th.3																															
11:25 – 11:45	5th.1																																
11:45 – 12:05	5th.2																																
12:25 – 12:45+	5th.3																																
13:00 – 13:30	6 th 1																																
						<table border="1"> <thead> <tr> <th></th> <th>Junior Bouncy castle</th> <th>Senior Bouncy Castle</th> </tr> </thead> <tbody> <tr> <td>9– 9.45</td> <td>Eva</td> <td>Sarah McG</td> </tr> <tr> <td>9.45-10.30</td> <td>Michelle</td> <td>Sarah P</td> </tr> <tr> <td>10.30-11.15</td> <td>Emma C</td> <td>Keira H</td> </tr> <tr> <td>11.15-12.00</td> <td>Caitríona</td> <td>Orla K</td> </tr> <tr> <td>12.00-12.45</td> <td>Emma D</td> <td>Cáit F</td> </tr> <tr> <td>12.45-1.30</td> <td>Kellie L</td> <td>Megan M</td> </tr> <tr> <td>1.30-2.00</td> <td>Alice</td> <td>Rachel D</td> </tr> <tr> <td>2.00-2.30</td> <td>Eimear</td> <td>Sandra</td> </tr> </tbody> </table>		Junior Bouncy castle	Senior Bouncy Castle	9– 9.45	Eva	Sarah McG	9.45-10.30	Michelle	Sarah P	10.30-11.15	Emma C	Keira H	11.15-12.00	Caitríona	Orla K	12.00-12.45	Emma D	Cáit F	12.45-1.30	Kellie L	Megan M	1.30-2.00	Alice	Rachel D	2.00-2.30	Eimear	Sandra
	Junior Bouncy castle	Senior Bouncy Castle																															
9– 9.45	Eva	Sarah McG																															
9.45-10.30	Michelle	Sarah P																															
10.30-11.15	Emma C	Keira H																															
11.15-12.00	Caitríona	Orla K																															
12.00-12.45	Emma D	Cáit F																															
12.45-1.30	Kellie L	Megan M																															
1.30-2.00	Alice	Rachel D																															
2.00-2.30	Eimear	Sandra																															
						SEN +Infant Staff to supervise																											

	13:30 – 14:00	6 th .2			
	14:00 – 14:30	6 th .3			
	9:15 – 9:45	Senior Infants + Croí	<u>Irish Dancing</u> <u>Middle Yard/Astro</u>		9.15 -12.05 Megan H
	9:45 – 10:15	1 st Class	Megan M & Megan H & Eva?		
	10:15-10:45	Junior Infants			
	11:05-11:35	2 nd Class			
	11:35-12:05	3 rd Class			
	13.10 – 13.20	Croí -First Class	Water Fight SEN staff ensure distance (some have super soakers) Go to your yard (except: 6th class on Setanta basketball courts/4 th class on astro) One small bottle (500ml-750ml each) • Boys/Girls who do not want to take part clearly flagged as being out in safe zone		
	14.10-14.20	First – Sixth Class			