Bí Cineálta

Get help!

We want everyone at our school to feel safe and happy. If you or someone else you know is being bullied, tell an adult that you trust. They will know what to do to help.



Tell someone

If you tell a grown up that you think you are being bullied, they will:

- Listen carefully
- Ask you what you want to happen
- Work out a plan together
- Talk to parents
- Talk to everyone involved



We promise

We review our Bí Cineálta policy every year and want to hear from you! Your ideas help make our school a safe and happy place for everyone.

Bullying behaviour is when someone keeps being mean or hurtful to others on purpose over and over again. When it happens a lot. Not just once.